FORT WORDEN STATE PARK



COUGAR SAFETY TIPS



- Do not hike, bike or jog alone. The larger the group the more likely the cougar will avoid you.
- Do not let your children wander away from you. Cougars have been shown to be drawn to children possibly because of their size and swiftness.
- Keep your animals inside the park leashed.
- Travel with animal spray.

IF YOU ENCOUNTER A COUGAR...

- Do not approach it.
- Do not corner a cougar, give the animal a way out.
- Do not run, this will stimulate the cougars instinct to chase.
- Pick up your small children, but do not bend over.
- Make yourself appear larger (hold your hands over your head, shake branches, hold your jacket over your head). Convince the cougar that you are not prey.
- Fight back if attacked. The cougar will attempt to bite the neck or head so stay standing.