

Wilderness Adventures:

TRAILS OF MORAN STATE PARK

The park has more than 38 miles of foot trails, most built by the Civilian Conservation Corps (CCC) in the 1930s. They range from a fairly level 2.7-mile walk around Cascade Lake to the more demanding climb from Cascade Lake, at 351 feet, to the summit of Mount Constitution, at 2,409 feet – a gain of 2,058 feet in 4.3 miles.

Following are brief descriptions of some of the park's more popular trails. Trail mileages are one-way unless the trail is designated as a loop. Trail ratings for hikers and bicyclists are:

- **Easy** (flat terrain, gentle hills)
- **Challenging** (moderate to strenuous)
- **Difficult** (dramatic elevation gains)

The ratings are based on overall trail conditions, and some sections may be more difficult than others. Hikers may enjoy all trails with a minimum of equipment: sturdy shoes, a jacket for possible rain, snacks and water. *Caution: Creek and lake water may contain harmful bacteria.*

Hikers, note: Hikers are advised to carry plenty of drinking water because there is no potable water at most trailheads. Water is available at the park office year round and in campgrounds during summer.

Bikers, note: Bicycles are restricted on some park trails. Check the map to the left and park bulletin boards to learn where and when bikes are permitted. Cyclists may not push or carry bicycles on trails listed as closed to bikes.

Equestrians, note: Horseback riding is restricted on most park trails. Check the map to the left and park bulletin boards to learn where and when horses are permitted. Parking for horse trailers is limited to an area near the Southend beach (the beach is now open to the public). Owners must clean up after their horses in parking areas, on roads and at trailheads. Check for current information at the park office. Horses are not permitted in any camping or day-use areas. Please keep them out of lakes and streams.

1. WEST BOUNDARY LOOP

Difficult, 5.6 miles, 1,620 feet elevation gain

The trail begins to the left of the picnic shelter across from the road from the Cascade Lake day-use area. After .5 mile at a sharp switchback go left on the West Boundary Trail. Climb up the short, steep trail to a service road and go right. This road climbs steeply under power lines for 1.7 miles to the junction with the North Boundary Loop trail. Turn right and hike 1 mile through the dense lodgepole pine forest to the junction with the Cold Springs Trail. Turn right and descend 2.4 miles back to Cascade Lake. Hikers should use caution on the steep uphill West Boundary portion of the trail as it is heavily used by downhill, free-ride bicyclists.

2. CASCADE LAKE LOOP

Easy, 2.7 miles, slight elevation gain and loss

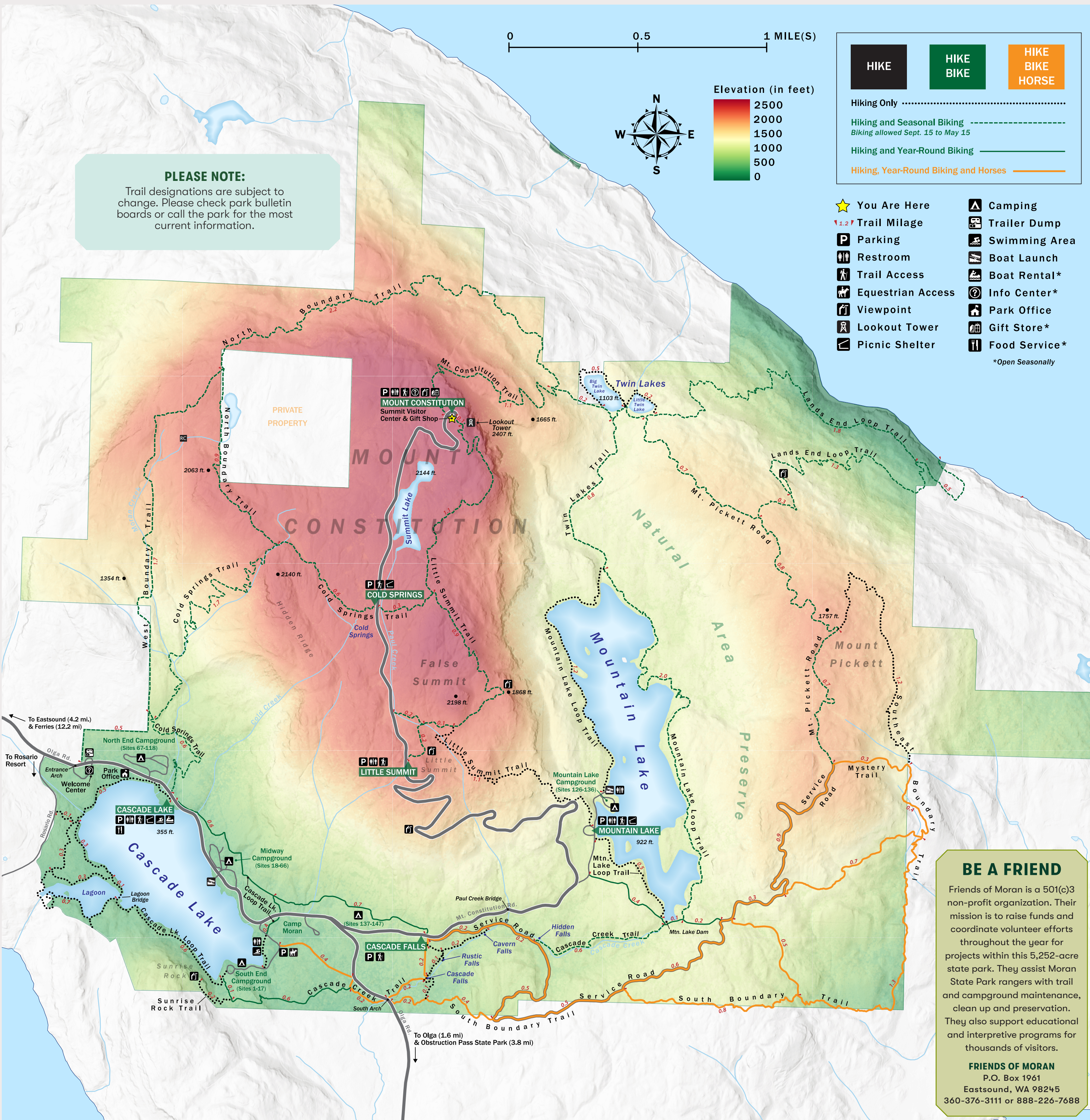
Start at the Cascade Lake day-use area, follow the trail counterclockwise. After about .75 mile cross over the bridge that spans Cascade Lagoon. Continue left along the lake another .75 mile to the South End Campground. Follow the road through the campground and pick up the trail again near campsite #1. Cross the road above Camp Moran beach following the Cascade Lake Loop sign. You will cross Olga Road, go uphill, and turn left at the Cascade Lake sign to reach the day-use area.

3. COLD SPRINGS TRAIL (CASCADE LAKE TO MOUNT CONSTITUTION)

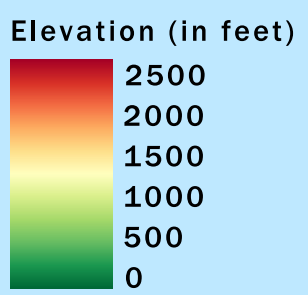
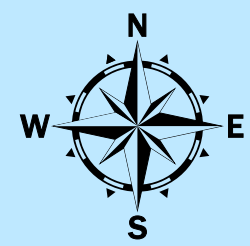
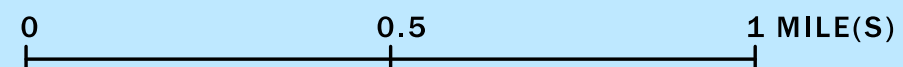
Difficult, 4.3 miles, 2,058 feet elevation gain

Start at Cascade Lake, across the county road from the day-use area. Take the trailhead to the left of the picnic shelter, passing by an interpretive exhibit that describes the powerful windstorm that hit the park in 1972. The trail switches back up steep slopes toward Cold Springs. At the top of the switchbacks (approximately 2.3 miles) you come to the junction with the North Boundary Loop trail; continue straight ahead to the Cold Springs shelter. From the Cold Springs shelter, cross Mount Constitution Road and follow the trail .3 mile to the intersection with the Little Summit Trail. Turn left and continue 1 mile to the stone tower at the summit of Mount Constitution.

(Continued on other side..)



PLEASE NOTE:
Trail designations are subject to change. Please check park bulletin boards or call the park for the most current information.



HIKE	HIKE BIKE	HIKE BIKE HORSE
Hiking Only	Hiking and Seasonal Biking <i>Biking allowed Sept. 15 to May 15</i>	Hiking and Year-Round Biking
Hiking, Year-Round Biking and Horses		

- ★ You Are Here
 - 1.2 Trail Mileage
 - P Parking
 - Restroom
 - Trail Access
 - Equestrian Access
 - Viewpoint
 - Lookout Tower
 - Picnic Shelter
 - Camping
 - Trailer Dump
 - Swimming Area
 - Boat Launch
 - Boat Rental*
 - Info Center*
 - Park Office
 - Gift Store*
 - Food Service*
- *Open Seasonally

BE A FRIEND

Friends of Moran is a 501(c)3 non-profit organization. Their mission is to raise funds and coordinate volunteer efforts throughout the year for projects within this 5,252-acre state park. They assist Moran State Park rangers with trail and campground maintenance, clean up and preservation. They also support educational and interpretive programs for thousands of visitors.

FRIENDS OF MORAN
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