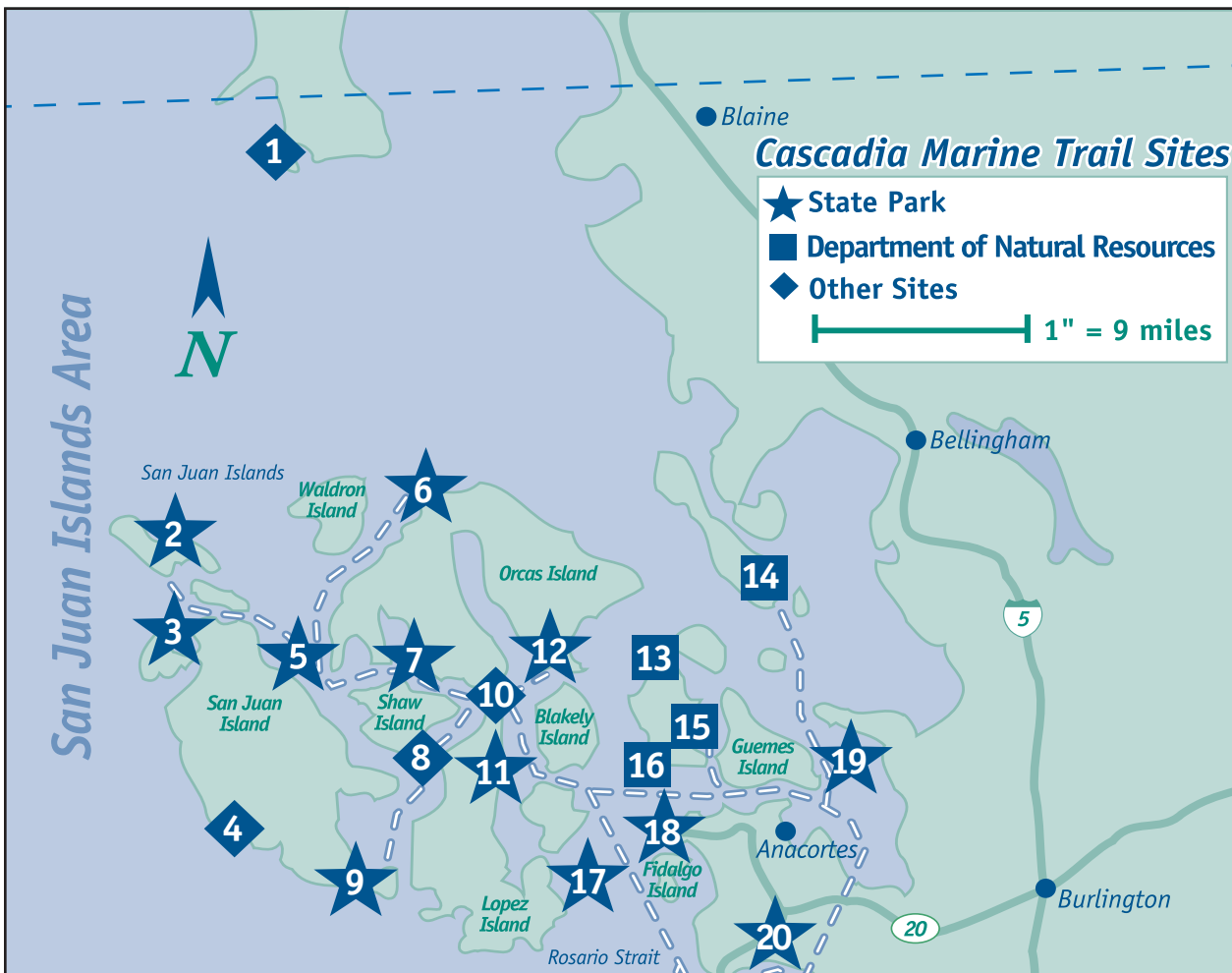


State parks are listed in green. All state park designated water trail campsites require a nightly fee.



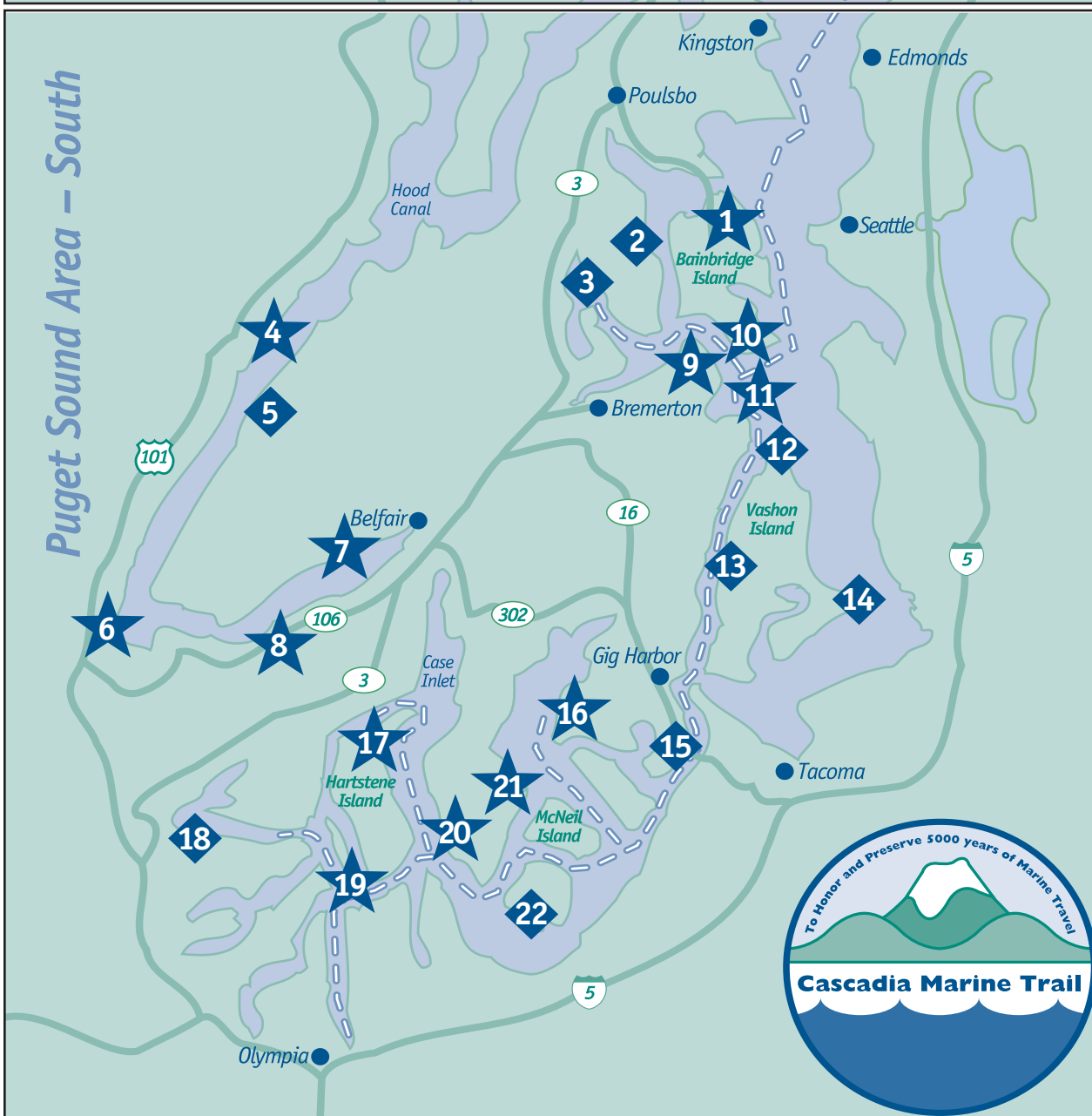
San Juan Islands Area

- Lighthouse Marine Park (Whatcom County Parks)
- Stuart Island State Park
- Posey Island State Park
- San Juan County Park
- Jones Island State Park
- Point Doughty State Park
- Blind Island State Park
- Shaw County Park (San Juan County Parks)
- Griffin Bay State Park
- Odlin Park (San Juan County Parks)
- Spencer Spit State Park
- Obstruction Pass State Park
- Pelican Beach (Department of Natural Resources)
- Lummi Island (Department of Natural Resources)
- Cypress Head (Department of Natural Resources)
- Strawberry Island (Department of Natural Resources)
- James Island State Park
- Burrows Island State Park
- Saddlebag Island State Park
- Skagit Island State Park



Puget Sound Area - North

- Deception Pass State Park
- Ala Spit
- Joseph Whidbey State Park*
- Oak Harbor City Park
- Fort Ebey State Park*
- Fort Worden State Park
- Fort Flagler State Park*
- Camano Island State Park
- Kayak Point - Reservations required, call (360) 652-7992
- Kinney Point State Park
- Salsbury Point Waterfront Park (Kitsap County Parks)
- Possession Point State Park
- Meadowdale - Reservations required, call (425) 745-5111



Puget Sound Area - South

- Fay Bainbridge State Park*
- Port of Brownsville
- Anna Smith Waterfront Park (Kitsap County Parks)
- Triton Cove
- Laughlin Cove (Kitsap County Parks)
- Potlach State Park
- Belfair State Park
- Twanoh State Park
- Manchester State Park
- Fort Ward State Park
- Blake Island State Park
- Winghaven Park (Vashon Park District)
- Lisabeula Park (Vashon Park District)
- Point Robinson Park (Vashon Park District)
- Narrows Park (Pierce County)
- Kopachuck State Park*
- Jarrell Cove State Park
- Walker County Park - (Mason County Parks) Reservations required, call (360) 427-9670, ext. 535
- Hope Island State Park
- Joemma Beach State Park
- Penrose Point State Park
- Anderson Island - Reservations required, call (206) 545-9161

Note: The Cascadia Marine Trail is being built through the cooperative efforts of the Washington State Parks and Recreation Commission, Washington Water Trails Association, Washington State Department of Natural Resources, other state and local government agencies and users like you.
*Seasonal closure: Please call (360) 902-8844 or the TDD at (360) 664-3133 for information.



tide rips, boils, whirlpools and turbulence because of tidal flows up to 8.5 knots. Here are ways to make your journey a safer one:

- Carry rescue and safety equipment and be proficient in group and self-rescue techniques. Always wear your life jacket. Always pack an extra set of warm clothes, hat and socks and extra food in a waterproof bag.
- Obtain advance information about your intended route, including marine tide and current charts. Discuss your plans with people who know the area.
- Puget Sound water is cold year round, averaging in the lower 50 degree range, and tides can run from 10 to 15 feet twice a day. Boaters must plan carefully, carry tide tables and know the dangers of hypothermia.
- Listen to National Oceanic and Atmospheric Administration or Environment Canada weather on VHF radio. Pay attention when the wind opposes the current and causes steep or breaking waves.
- Travel as a close-knit group. Maintain voice contact with others, and do not outpace the slowest group members.
- Wait if necessary, and don't move away from the group, especially on crossings. Assist others in difficult conditions.
- File a float plan with a family member or friend before leaving home. Discuss each day's travel plans before starting and decide if it's necessary to change them. Then, inform all party members. Agree on an emergency meeting place in case the party separates.
- For a free "Washington Boater's Guide," call the State Parks Boating Programs office at (360) 586-6590 or the Telephone Device for the Deaf at (360) 664-3133.

Welcome to the Cascadia Marine Trail System



Supporting the trail

Washington Water Trails Association supports the Cascadia Marine Trail through education, on-site stewardship and other programs. Members receive a trail handbook and newsletter. For more information or to help with the trail, contact:

Washington Water Trails Association
 4649 Sunnyside Avenue North, Room 305
 Seattle, WA 98103-6956
 (206) 545-9161
 wwta@wwta.org

**Washington State
Parks and Recreation Commission**

P.O. Box 42650
 Olympia, WA 98504-2650
 (360) 902-8500 • TDD (360) 664-3133
 www.parks.wa.gov

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Commission members:

Mickey Fearn	Joe Taller
Fred Olson	Joan Thomas
Bob Petersen	Cecilia Vogt
Eliot Scull	

Agency director: Rex Derr

All Washington state parks are developed and maintained for the enjoyment of all people, regardless of age, sex, creed, ethnic origin or physical limitation.

To request this brochure in an alternative format, call (360) 902-8562 or Telephone Device for the Deaf at (360) 664-3133.



The Cascadia Marine Trail is on a large inland sea, any part of which may quickly become hazardous or even lethal due to bad weather, currents, cold water or marine traffic. It's important all water trail users match their skill, knowledge and judgment to the potential hazards. If conditions aren't comfortable for you, wait it out, or plan your trip for another time or place.

Safety tips

point for information on alternative sites. Check ahead with the parks along your route regarding site limitations and availability.

Cascadia Marine Trail sites are exposed to the elements of the sea and recreation impacts. To preserve and maintain these sensitive areas, travelers should follow these "Leave No Trace" principles:

- **Plan ahead and prepare:** Trip planning and preparation help visitors arrive with the right information and gear to enjoy their visit. Unprepared visitors who are wet and cold are more likely to abandon Leave No Trace principles for safety's sake.
- **Travel and camp on durable surfaces:** Walking and camping on durable surfaces help reduce soil erosion and protect wildlife and plants. Durable surfaces include established trails and campsites, rock, gravel and dry grasses.
- **Dispose of waste properly:** If you pack it in, pack it out. Create action can destroy a cultural site or a rare wildflower. Help protect these fragile and irreplaceable resources.
- **Minimize campfire impact:** Use a stove or lantern, keep fires small, use only designated fire rings, and never leave a fire unattended.
- **Respect wildlife:** Avoid sensitive habitats, observe wildlife from a distance, and store food and trash securely.
- **Be considerate of other visitors:** Keep the noise level down, travel in small groups, and avoid using bright lights, radios or other intrusive devices.

Leave no trace behind

The Cascadia Marine Trail on Washington's Puget Sound offers 55 shoreline campsites for travelers using small, wind- or human-powered, beachable watercraft. The trail can be calm or turbulent, suiting a wide range of boater skill levels. Conditions range from quiet South Sound inlets and verdant shores of the Hood Canal to the challenging currents of Deception Pass and outer San Juan Islands.

The Cascadia Marine Trail has a wide variety of wildlife whose Puget Sound home is the second largest estuary in the continental United States. Preservation of the shoreline is important because it supports life for salmon, bald eagles, orca whales and thousands of other creatures, including the 4 million humans living in the surrounding watershed area.

This brochure lists camping sites along the trail. Please respect the rights of other property owners and use only those sites designated as marine trail sites. Camping fees vary by site; some are free, and some require reservations. A \$12-\$14 nightly primitive campsite fee is required for use of designated water trail campsites in Washington's state parks.



Washington State Parks

Your guide to the

Cascadia Marine Trail

